

Training programs for lecturers

Utrecht University offers lecturers a number of training programs linked to the subject of social safety.

Training Active Bystander of Utrecht University

If you have witnessed undesirable behavior, you can take action yourself. But how? The 'Active Bystander' training will teach you all about signals and you will be given tools to discuss transgressive behavior.

[See the training →](#)

Supervising individual students in the workplace

This is a training for lecturers comprising 2 half-days discussing the creation of an excellent and stimulating learning environment. Giving feedback is also part of this training.

[See the training →](#)

Providing online education

In this workshop you will learn, among other things, how to provide online education as effectively as possible and how to make this online environment safe using a Five Stage Model.

[See the workshop →](#)

Bias and education

This training has been developed for UMC Utrecht staff members who teach, either in a lecture hall, by supervising an intern or trainee or as a specialist trainer. In everyday life, you are exposed to all kinds of associations about groups of people from an early age. Direct and indirect messages, such as in the media, cause us to have assumptions and associations about other people related to characteristics such as ethnicity, age or gender. This is called bias. In this training you will learn to become aware of your own bias and how to limit its influence.

[See the workshop →](#)

Teach the Teacher training courses

Training doctors to become medical specialists requires teaching skills. Trainers, deputy trainers and members of the training group who are involved in supervising and training postgraduate students can develop their teaching skills by following various Teach the Teacher (TtT) training courses. See website for more information and options.

[See the training →](#)

Coaching on the job

Coaching on the job is for all lecturers in university programs, from beginner to advanced and for all types of education. Examples of development questions are: 'How do I create a safe learning environment for my students?' or 'I notice that it is always the same students who speak up, how can I prevent this?'. See website for more information and options.

[Read more →](#)

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